



KiSS Waxing® Home-Use Instructions

KiSS... Keep It Strip Sugar waxing!

- 100% Natural
- Water soluble
- Gentle and Skin Healthy
- No mess/Easy Clean up
- Microwavable
- Leaves skin soft & silky

We recommend you view our instructional video at alexandriaprofessional.com/shop/kiss-waxing before you begin

STEP 1: Preparing your KiSS Waxing® Bottle

- Remove the lid from the bottle and tear off the seal.



- Place the lid back onto the bottle.
- Remove the cap (red or black) from the nozzle.
- Cut the very tip of the applicator nozzle above the groove.



- Place the cap back onto the nozzle.
- If you cut too close to the groove line, the cap will not securely snap back on.





STEP 2: Heating KiSS Waxing®

[For troubleshooting and a video demonstration of heating KiSS Waxing®, please visit alexandriaprofessional.com/shop/kiss-waxing](https://alexandriaprofessional.com/shop/kiss-waxing)

Manufacturer's recommendation:

- Whether it's the facial KiSS, Regular KiSS, or Resistant KiSS, microwave for 10 seconds at a time with the lid loose. General times for each type of KiSS Waxing are:
 - Facial KiSS ~ 20 seconds (two rounds of 10 seconds)
 - Regular KiSS ~ 50 seconds (five rounds of 10 seconds)
 - Resistant KiSS ~ 70 seconds (seven rounds of 10 seconds)
- Remove lid and squeeze the bottle until the KiSS sugar rises a little, then release the bottle. Repeat this action several times to help move the KiSS sugar around to ensure it is all heated.



- Boil water and pour it into a thermal cup, high mug or any other high container that allows the water to reach the lid of the KiSS Waxing® bottle. Use the hot water to keep the KiSS sugar consistency honey-like and easy to squeeze out throughout the hair removal process.
 - It's best to place the KiSS Waxing® bottle into the hot water after you have squeezed out the desired amount and before you start stripping.

Caution: Microwaves heat from the center out making the center of the paste very hot. Always look at the consistency first before testing on your skin. If it is runny, let it cool down before testing.

No Microwave? No problem

- Boil water and pour into a thermal cup, high mug or any other high container that allows the water to reach the lid of the KiSS Waxing® bottle. General times for each type of KiSS Waxing using this method are:
 - Facial KiSS ~ 3 minutes
 - Regular KiSS ~ 5 minutes
 - Resistant KiSS ~ 7-10 minutes
- Remove lid and squeeze the bottle until the KiSS sugar rises a little, then release the bottle. Repeat this action several times to help move the KiSS sugar around to ensure it is all heated.



STEP 3: Prepping the Skin

Before beginning to remove hair, prep the skin for optimum results.

1. Cleanse the skin with Presept™ Skin Cleanser to eliminate any dirt and oils. This cleanser is gentle and pH balanced, safe to use on any body parts.
 - **Large Body Parts:** Spray Presept™ Skin Cleanser directly onto the desired area and cleanse away skin oils and lotions with a cloth (dry or moist).
 - **Facial Parts:** Spray Presept™ Skin Cleanser onto the corner of a dry or moist face cloth (or cotton pad) and cleanse away all facial skin oils, lotions, and makeup.



2. Spray the Essential Tonic™ over the skin to help open the cuticle of the hair shafts allowing the KiSS sugar to grip the hair better. Shake well before use.
3. Make sure the skin is dry before sprinkling and spreading the Vertal 6™ Drying Powder to prevent caking. Applying Vertal 6™ Drying Powder will help expose even the finest hairs and ensures the skin is not humid.
 - **Large Body Parts:** Sprinkle directly onto desired area and spread evenly.
 - **Facial Parts:** Sprinkle Vertal 6™ Drying Powder into the palm of one hand and apply to the desired area using one fingertip of your other hand.



Troubleshoot: Any moisture on the skin where you will be performing KiSS Waxing® will inhibit the KiSS Sugar from connecting to the hair and prevent it from extracting.



STEP 4: Applying KiSS Waxing®

Squeeze Kiss Waxing® onto the area you wish to remove the hair. The consistency should be honey-like and not require any effort to squeeze out and not be runny.

Large Body Parts: Squeeze KiSS Waxing® in small sections.



Small Body Parts: Apply a small amount of KiSS Waxing® to a spatula and apply to the desired area. This method works best for facial KiSS Waxing® on areas such as the upper lip, eyebrows, chin, or sides of face.

If you heated up KiSS Waxing® using a bowl of hot water, once you've squeezed out the amount of KiSS Waxing® that you need, place the bottle back into the bowl of hot water to keep it warm. Do not keep the bottle of KiSS Waxing® out as you perform the hair removal. The KiSS sugar will cool rapidly and become harder to squeeze out and spread.

STEP 5: Spreading KiSS Waxing®

- 1. Spread** the sugar paste using the edge of the spatula in a backward 45-degree angle with a firm pressure in the direction of hair growth. You want to keep the spread to smaller, more manageable areas:
 - Legs, back, chest are recommended to be areas of 5 inches by 2.5 inches.
 - Bikini is recommended to be areas of 1 inch by 3 inches.
 - Arms are recommended to be no wider than areas of 2.5 inches going across.
 - Sides of the face are recommended to be 1 inch by 2 inches.
- 2.** You should be able to see excess KiSS Sugar push up onto the spatula. This will ensure you get the sugar paste as thin as possible.



- 3.** Repeat going over that same area with the backward 45-degree angle. If you still see the paste rolling onto the spatula, repeat again until no more paste rolls onto the spatula. That means it's been thinly spread. The thinner you apply the paste the better the results. You should be able to see hairs and freckles clearly through the sugar.



STEP 6: Removing KiSS Waxing® (Strip)

Please view our instructional video at alexandriaprofessional.com/shop/kiss-waxing to better assist you with the proper way to remove the KiSS sugar.

1. Lay the cotton strip over the KiSS sugar leaving an edge free to grab at the end of that strip.
 - o For smaller body parts such as face (upper lip, eyebrows, chin), first cut the cotton strip into smaller pieces before laying over the KiSS sugar.



2. Rub your hand across the strip a few times to make sure the cotton adheres well to the KiSS sugar. A flat hand works best.



3. Grip the edge of the cotton strip, and with a firm action, quickly remove the strip **parallel to the skin**. Do not pull the strip upwards – this may cause bruising.





4. You can lay the same strip with the sugar sticking to it on the same part and rub again to get any hair that remained behind. In some cases, the same cotton strip can be used on a new section of hair to be removed.



5. Repeat steps 1-4 over the area(s) you want to get rid of hair until all the desired hair is removed.
6. If you have any stickiness, you can simply wipe it away with a lukewarm water cloth or take a clean cotton strip and clean up residue by simply rubbing the cloth on the residue and stripping it away.

BEFORE



AFTER





STEP 7: Hydrate the skin

When you have completed the hair removal, spray Essential Tonic™ on the area and while the skin is damp, follow up by applying Restore™ Hydrating Lotion all over the treated area.



STEP 8: Storing KiSS Waxing®

Store KiSS Waxing® with the lid tightly secured and the cap (red or black) on so moisture/humidity does not affect it.

Store in a cool dry place ONLY.

Do not store in a bathroom. Shower and bathing water humidity will affect the consistency.

Product Ingredients

Presept™ Skin Cleanser: Aqua/Water, Sodium C14-16 Olefin Sulfonate, Cocamidopropyl Betaine, Glycerin, Phenoxyethanol, Citric Acid, Euterpe Oleracea (Acai) Fruit Oil, Sodium Chloride, Tetrasodium EDTA

Essential Tonic™ Skin Mist: Aqua/Water, Lactic Acid, Polysorbate 20, Commiphora myrrha, Grapefruit seed extract/Citrus Grandis

Vertal 6™ Drying Powder: Magnesium Silicate, Magnesium Calcium Carbonate, Magnesium Aluminum Silicate, Magnesium Carbonate

Restore™ Hydrating Lotion: Aqua/Water, Glycerin, Caprylic/Capric Triglyceride, Cetearyl Alcohol (and) Cetareth 20, Glycerl Monostearate S/E, Gluconolactone (and) Sodium Benzoate, Prunus Amygdalus Dulcis (sweet almond) Oil, Hydroxyethylcellulose, Helianthus Annuus (sunflower) Seed Oil, Phenoxyethanol, Tocopheryl Acetate, Chamomilla Recuita (matricaria) flower extract, Persea Gratissima (avocado) Oil, Simmondsia Chinensis (jojoba) seed oil